# Personal Care Home Overview



# Personal Care Homes & Assisted Living Facilities www.personalcarehomefinders.com

#### 210-381-1904

Most care homes are located in single-family homes converted into personal care home residences. Since these homes are established in suburban neighborhoods, they generally care for three or less residents in each home. This makes for a much more personal and attentive caring environment. The caregiver to resident patient ratio is greatly improved in Personal Care Homes.

A PCH maintains no more than 3 resident patients to 1 or more caregivers. Personal Care Homes are located in all areas of San Antonio. They are established in all neighborhoods in all economic areas, including exclusive gated communities. No matter their location, we only team with those who are reputable and compassionate.

It is important to remember our loved ones were living independently and transitioning into a personal care home and being attended to in a new environment due to age or illness requires assimilation for all family members. Care in a personal care home in a neighborhood and in a residential home environment improves the transition process.

# Life in a Personal Care Home also has a unique and important benefit.

Residents in a PCH often quickly become friends and family shortly after their stay. It's a natural process as caregivers and residents come to know one another in the intimate PCH environment. This organic process improves the care and compassion the caregiver has for the patient.

### **PCH Activities**

Many PCHs offer group activities to keep residents occupied. From group programs, movie and game night to classic bingo games, socialization and companionship are key components of personal care homes.

#### **Personal Care Assistance**

Some facilities are able to provide assistance in scheduling and keeping doctors' appointments. Many resident patients have the benefit of doctor visits to the care home. Additionally, because of the intimate environment of the PCH, caregivers are quicker to notice subtle changes in a resident patient's behavior that might alert them to warrant a physician's immediate attention.

## **Personal Freedom**

Most PCHs allow residents to come and go as they please, depending on abilities and family. Of utmost importance, the PCH must provide the resident with respect and dignity and adhere to the *Patient's Bill Of Rights*. The *Patient's Bill Of Rights* can be downloaded at our website. and unless they are incapable of making their own decisions because of mental incapacities, they should have the rights guaranteed to all.

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